

I'm Sorry Day



A Musical Family Program for Yom Kippur

Brought to you by
The Bender-Dosik Parenting Center
Early Childhood Music Specialist, Lisa Baydush
The Bender Jewish Community Center of Greater Washington

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A Place for Families

Shalom!

Hello ~ שלום



Boker Tov

by Lisa Baydush

Boker tov, good morning, my friends!
I'm so glad to see you— and you and you and...
Boker tov, good morning, my friends!
I'm so glad to see you!

Clap your hands if you're ready to sing,
Wave your hands way up high,
Now wiggle your fingers and tickle your toes,
And open your mouth real wide,
and sing with me now...

Tap your knees if you're ready to sing,
Now stretch from side to side,
Take a deep breath in and blow it out,
And open your mouth real wide,
and sing with me now...

Tov Tov Tov

by Lisa Baydush

Tov, tov, tov – how good it is!
Tov, tov, tov – how good it is!
Tov, tov, tov, to be together! Yachad! (repeat)

How good it is to see you! (Hinei mah tov!)
Your smiles brighten my day! (Hinei mah tov!)
I'm so glad that you're here
So we can all sing— la-la-la-la-la— together!
Hinei, hinei, hinei mah...



Shanah Tovah!

Happy New Year ~ שְׁנָה טוֹבָה

Shanah Tovah

to the tune of Hal'li'luyah



Sha-na-na-nah, sha-na-na-na-na-nah,
Sha-na-na-nah, shanah tovah!
Sha-na-na-nah, sha-na-na-na-na-nah
Sha-na-na-nah, sha-na-na-nah, shanah tovah!

Wave to a friend and share a big smile...
Clap your hands and welcome in the new year...
Give a hug to someone very special...

Modeh Ani!

Thank You, God ~ מוֹדֵה אֲנִי

What Are You Thankful for Today?

by Elana Jagoda

What are you thankful for today?
Share with me the blessings that have come your way.
(repeat)

I'm thankful when the sun is shining,
I'm thankful I've got food to eat,
I'm thankful for the songs I'm singing,
I'm thankful for my dancing feet! (chorus)



What are YOU thankful for today?

T'shuvah

Repentance ~ תְּשׁוּבָה

Tap Your Heart (Ashamnu)

by Eliana Light



Tap, tap, tap your heart (3x)
On Yom Kippur, it's time to restart!

On Yom Kippur (echo), we try to do good (echo)
We tap our hearts (echo), to remind us we should (echo)

On Yom Kippur (echo), we make a plan (echo)
To make this new year (echo), the best we can (echo)

Yom Kippur Finger-Play

from Clap and Count, adapted by Nell Hirsch

Here's a friend and here's a friend
They've argued with each other
On Yom Kippur they say, 'I'm sorry'
And make up with one another

I'm Sorry

by Susan Lewis Friedman



I'm sorry for what I've done!
I'm sorry for what I've done!
S'licha, we say on this special day,
means sorry for what I've done! (repeat)

We throw our sorries in the water.
for things that we have done;
When we accidentally hurt each other,
We say to everyone...

Turn Turn Around

by Ellen Allard

T'shuvah – turn, turn around;
T'shuvah – turn, turn around;
Turn around, turn around, turn around;
T'shuvah – turn, turn around!



I am very sorry for things that I've done;
I promise to do my best now that the new years' begun.

I'll think about what I can do to be kind to everyone;
I promise to do my best now that the new years' begun.

Avinu Malkeinu

folk melody; lyrics for English verse by Lisa Ashery

Avinu malkeinu, chanenu v'aneinu, ki ein banu masim
אָבִינוּ מַלְכֵנוּ חַנּוּנוֹ עֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׂים

Aseh imanu, tzedakah vachessed, v'hoshieinu
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ

Oh, God, please hear my prayer,
I want you to know that I care;
I'm thinking about all the things I can do
To make this a really good year!

I'll try, I'll try to be
the best that I can be,
I'll try, I'll try with all of my might
to do what I know is right!



The Mitzvah Song

by Carla Friend

Gimme a mitz, mitz, mitz!
Gimme a vah, vah, vah!
A mitzvah's what we do to help the world. (repeat)

Use kind words (echo)
A mitzvah's what we do to help the world;
Share your toys (echo)
A mitzvah's what we do to help the world! (chorus)

T'filah

Prayer ~ תפילה



Sh'ma

music by Tzvika Pik

Sh'ma Yisrael Adonai Eloheinu Adonai Echad
Baruch sheim k'vod malchuto l'olam va'ed

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ. יְיָ אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד:

Love Adonai

by Robbi Sherwin

Love Adonai your God! (4x)

With all your heart,
With all your soul,
With all your might!
(repeat) (chorus)



Building a Better World

by Ellen Allard

We're building a better world,
We're building a better world,
We're building a better world,
One person at a time.

And the world goes round and round,
the world goes round and round and round (repeat)

We're building a world with friends, love, kindness...



Shalom!

Goodbye ~ שלום



It's Time to Say Shalom

by Lisa Baydush

Well, it's time for me to say,
"I had fun with you today,"
So I'm kinda sad to say, "Shalom!"

Shalom, my friends, shalom;
Shalom, chaverim, shalom
It's time for us to say, "Shalom!"

Shalom

by Ellen Allard

Shalom, sha-la-la-la-la (3x) Sha-la-la-la-la-la!
Shalom, sha-la-la-la-la (3x) Shalom, shalom!

Shalom to my special friends,
Shalom is what I say,
So happy to see you,
So happy you were here today!



גמר חתימה טובה

G'mar Chatimah Tovah!

*May you be inscribed in the Book of Life
for a year of blessing!*

